



June

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-------------|-----|-----|----------------------------|-----|-----|-----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| | | | Eat Your Vegetables Day | | | |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| Fathers Day | | | | | | |
| 28 | 29 | 30 | | | | |

Whistle While You Work

Many young children love to help around the house. Let your toddler or preschooler help with simple chores.

1. Put a sock on her hand and let her dust with you.
2. Let him help sort recyclables and explain why it's important. Maybe he could transform into Recycle Man!
3. Explain to your child how she is helping the whole family by doing these tasks!