

## Notice – Safe Sleep Non Compliance

Date: \_\_\_\_\_

Provider ID number: \_\_\_\_\_

Child Care Name: \_\_\_\_\_

Child Care address is \_\_\_\_\_

Our child care was found to be out of compliance with Safe Sleep Requirements.

Safe Sleep Requirements are:

- Always place infant on his or her back to sleep.
- Place infant in sleeping equipment consistent with sleeping equipment WAC, which requires:
  - A clean, firm, and snug-fitting mattress designed specifically for the particular equipment that does not have tears or holes or repaired with tape.
  - A mattress with an appropriate fitted sheet.
  - Remove sleeping infant from car seat, swing or similar equipment.
- Do not use blankets, stuffed toys, pillows, crib bumpers and similar items.
- Do not allow blanket to cover or drape over the sleeping equipment.
- Make sure nothing covers the infants head and face.
- Take steps so infants do not get too warm during sleep, with the infants arms free.
- Do not use sleep positioning device unless required by written directive or medical order from health care provider.

The safe sleep non compliance issue, plan of correction and dates of completion are:

Failure to comply with this agreement will result in adverse licensing action for this child care facility.

\_\_\_\_\_  
Licensee Signature

\_\_\_\_\_  
Parent/Guardian Signature

# What Does a Safe Sleep Environment Look Like?

*Reduce the Risk of Sudden Infant Death Syndrome (SIDS) and Other Sleep-Related Causes of Infant Death*



Use a firm sleep surface, such as a mattress in a safety-approved\* crib, covered by a fitted sheet.

Do not use pillows, blankets, sheepskins, or crib bumpers anywhere in your baby's sleep area.

Keep soft objects, toys, and loose bedding out of your baby's sleep area.

Do not smoke or let anyone smoke around your baby.



Make sure nothing covers the baby's head.

Always place your baby on his or her back to sleep, for naps and at night.

Dress your baby in sleep clothing, such as a one-piece sleeper, and do not use a blanket.

Baby's sleep area is next to where parents sleep.

Baby should not sleep in an adult bed, on a couch, or on a chair alone, with you, or with anyone else.

\*For more information on crib safety guidelines, contact the Consumer Product Safety Commission at 1-800-638-2772 or <http://www.cpsc.gov>.



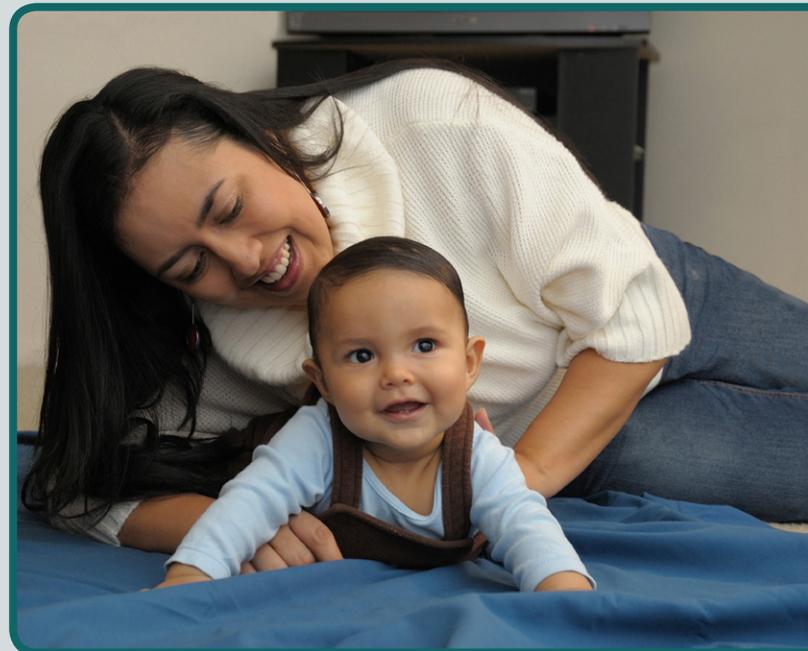
Eunice Kennedy Shriver National Institute of Child Health and Human Development



# Safe Sleep For Your Baby



- Always place your baby on his or her back to sleep, for naps and at night, to reduce the risk of SIDS.
- Use a firm sleep surface, such as a mattress in a safety-approved\* crib, covered by a fitted sheet, to reduce the risk of SIDS and other sleep-related causes of infant death.
- Room sharing—keeping baby's sleep area in the same room where you sleep—reduces the risk of SIDS and other sleep-related causes of infant death.
- Keep soft objects, toys, crib bumpers, and loose bedding out of your baby's sleep area to reduce the risk of SIDS and other sleep-related causes of infant death.
- To reduce the risk of SIDS, women should:
  - Get regular health care during pregnancy, and
  - Not smoke, drink alcohol, or use illegal drugs during pregnancy or after the baby is born.
- To reduce the risk of SIDS, do not smoke during pregnancy, and do not smoke or allow smoking around your baby.
- Breastfeed your baby to reduce the risk of SIDS.
- Give your baby a dry pacifier that is not attached to a string for naps and at night to reduce the risk of SIDS.
- Do not let your baby get too hot during sleep.
- Follow health care provider guidance on your baby's vaccines and regular health checkups.
- Avoid products that claim to reduce the risk of SIDS and other sleep-related causes of infant death.
- Do not use home heart or breathing monitors to reduce the risk of SIDS.
- Give your baby plenty of Tummy Time when he or she is awake and when someone is watching.



## Remember Tummy Time!

Place babies on their stomachs when they are awake and when someone is watching. Tummy Time helps your baby's head, neck, and shoulder muscles get stronger and helps to prevent flat spots on the head.

\* For more information on crib safety guidelines, contact the Consumer Product Safety Commission at 1-800-638-2772 or <http://www.cpsc.gov>.

For more information about SIDS and the Safe to Sleep® campaign:

**Mail:** 31 Center Drive, 31/2A32, Bethesda, MD 20892-2425

**Phone:** 1-800-505-CRIB (2742)

**Fax:** 1-866-760-5947

**Website:** <http://safetosleep.nichd.nih.gov>

NIH Pub. No. 12-5759

August 2014

Safe to Sleep® is a registered trademark of the U.S. Department of Health and Human Services.



Eunice Kennedy Shriver National Institute  
of Child Health and Human Development